

FOR IMMEDIATE RELEASE:

Contact:

Charles Nygard
Tel: 610.828.0395
Fax: 610.757.1062
e-mail: charlesnygard@comcast.net

November 27, 2007
Lafayette Hill, PA, USA

INSPIRATIONAL GUIDE TO LIVING A GREAT LIFE RELEASED TODAY!

Searching for answers to the meaning of life is a hot topic these days. As society becomes increasingly more complex, people are searching for ways to simplify their lives. Does life, however, have to be so difficult? There are simple techniques that when applied, lead to a fruitful and productive life. A new book that ponders timeless principles of success and happiness, *get what you want from life now!*, has been released and is now available for purchase through Amazon.com.

get what you want from life now! is an inspirational book written to prove that through faith and determination, even your most unreasonable desires can be achieved. The book is a living testament to the writings of the author, C. Christopher Nygard. "On July 5, 2007, I made a commitment to write and publish an inspirational book that would be available for sale by Christmas. With no experience in the book publishing industry, this is no small claim," said Nygard. The book publishing industry is extremely competitive and major publishing houses will not consider books written by a first-time author without representation by an agent. Getting an agent, however, may be the most difficult step of the process.

Nygard added, "When you make a commitment to reach your goals something magical happens. In keeping with the spirit of the book, I made a statement and established a deadline for publication of the book. T-shirts were printed with the date of completion to remind myself and others of this ambitious goal."

Nygard plans donate a portion of the proceeds from book sales to provide toys for disadvantaged children for Christmas. After the holiday season, Nygard will continue donations to help establish an educational scholarship fund for children of single parents.

For more information regarding this enlightening new book, please visit the site:
www.getwhatyouwantfromlifenow.com

###